



ROCKING HORSE ACADEMY MENU



July 27th - July 31st

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM SNACK	Toasty-O's Apple Slices Milk	Kolaches Applesauce Milk	Waffle Fruit Milk	Bean & Cheese Taco Milk	French Toast Pineapple Milk
LUNCH	Meatloaf Mashed Potatoes Dinner Roll Green Beans Pineapple Milk	Chicken Fajita Tacos Refried Beans Diced Mango Milk	Chopped BBQ Beef Sandwich +2 Creamy Coleslaw -2 Corn Mandarin Oranges Milk	Italian Sausage Pizza Casserole Roasted Zucchini Sticks Fresh Fruit Milk	Tater Tot Casserole Peas & Carrots Dinner Roll Fruit Cocktail Milk
PRE-K PM SNACK	Crackers Cheese Cubes Water	Ritz Crackers Cucumber Slices w/Ranch Water	Apple Slices Fruit Yogurt Dip Water	Blueberry Muffin Orange Slices Water	Pita Bread Black Bean Dip Water
CORRAL KIDS PM SNACK	Crackers Cheese Cubes Water	Ritz Crackers Cucumber Slices w/Ranch Water	Apple Slices Fruit Yogurt Dip Water	Blueberry Muffin Orange Slices Water	Pita Bread Black Bean Dip Water

August 3rd - August 7th

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM SNACK	Cereal Strawberries Milk	Cheesy Toast Blueberries Milk	Banana Bread Fruit Milk	Sausage Biscuit Milk	  
LUNCH	Sloppy Joes French Fries w/Ketchup Pears Milk	Beef Hotdog Baked Beans Peaches Milk	BBQ Chicken Cornbread Corn & Tomato Salad Fresh Melon Milk	Grilled Cheese Sandwich Tomato Soup Mandarin Oranges Milk	
PRE-K PM SNACK	Animal Crackers Yogurt Water	1/2 Ham Sandwich Carrots Water	Ritz Crackers Pepperoni Slices Cheese Water	Pumpkin Bread +2 Grapes -2 Pears Water	
CORRAL KIDS PM SNACK	Animal Crackers Yogurt Water	1/2 Ham Sandwich Carrots Water	Ritz Crackers Pepperoni Slices Cheese Water	Pumpkin Bread Grapes Water	