

FOALS 1

Welcome to Summertime! We are looking forward to a world of fun, learning, and growing. Happy Birthday to all our summer babies.

Singing songs is so much fun, especially singing them to the infants. We also like to sing in Spanish. The excitement of their facial expression says it all, along with seeing them moving their hands and feet with joy. We sit with them on the mat and use our singing voices. Singing to your baby is great for his/her brain development. A fun activity we use in the classroom is playing with shakers. We will let the infants explore the different sounds depending on what is inside the shakers while we are singing our songs together.

We will also, use musical instruments like drums or tambourines to make great music together. We talk about the different musical instruments letting the infants enjoy them. There is so much to do with music.

Foals 1 babies will discover all the best parts about summer while their creative expressions and sensory development flourishes with fun art activities making bright yellow suns with our handprints, finger paint a watermelon, and a fish.

Every day we work on language development, social development, physical development, and cognitive development. While most people think we are just playing, we are learning. Language skills are developed through reading and singing. Learning social skills includes responding to our

smiles, laughter, and voices. Physical developmental skills grow when babies begin to push up when lying on their tummy, hold their head steady without support, roll over from tummy to back, begin to sit with support, rock back and forth, and sometimes crawl backward before moving forward. Cognitive development occurs in an infant when he/she focuses on moving objects, responding to his/her environment with facial expressions, recognizing and reacting to familiar sounds, and responding to the facial expressions of other people.

Babies get constant exercise by going through their regular, daily routine. Everyday each baby spends tummy time on the mat to strengthen back and leg muscles. During feeding time, we practice putting their hands on the bottle to eventually learn to self-feed. Once your child is 4 months old, he or she will get exercise time in the exersaucers. You will see that hard work pays off as your baby builds muscle and becomes mobile.

As always, our babies are learning about themselves, their world and their abilities. We are here to help and encourage them to reach their goals. If you have any questions comments suggestions or concerns, please feel free to contact us.