

ROCKING HORSE REVIEW



January - April 2026

The official Rocking Horse Academy newsletter. Keep this page handy for Important Dates but also check out our website and follow our Facebook page for any other information we may add over the coming months.



IMPORTANT DATES

Rubber Ducky Day

January 13

Celebrate National Rubber Ducky Day. Find the Rubber Duckies hidden throughout the school and take home your own rubber ducky.

Family Conferences

February 2 - February 6

A sign-up sheet will be available at the front desk. Phone and Zoom Conf. opportunities. Families will only receive a report card during conferences.

CK Summer Camp Registration

March 1

Summer camp fills up quickly, Be sure to pre-register. Open enrollment begins March 17.

Scholastic Book Fair

March 2 - March 6

Add some fabulous books to your library. All profits made from the fair are taken in actual books for classrooms

Week of the Young Child

April 6- April 10

Theme week commemorating early learning, children, and their teachers.

School Closed

- January 1 & 19
- February 13 & 16
- April 3 & 6

Tuition Due Dates

- January 5 & 19
- February 2 & 16
- March 2, 16 & 30
- April 13 & 27

Date Night

- January 10
- February 14
- March 14
- April 11

FOALS 1

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A Happy New Year from Foals 1!

Welcome to all our new little friends. We are so excited to start the Year 2026. We are looking forward to all the new adventures, wonderful growth, and learning experiences to come in the new year. Each day is different as every baby begins to develop his/her own skills at home and at school.

Babies are a blessing, and we look forward to having yours in our classroom as we work with them encouraging new milestones. We spend a lot of time learning through play and encourage you to do the same at home.

We have some great art projects that we will explore in January. We will learn about Arctic animals and have fun playing with ice. As our sensory unit, we will talk about how the ice feels in our hands and watch the facial expressions of the babies. Also, for sensory, we will paint polar bears and feel the paint as we paint with it.

We will have different family art projects each month. Foals 1 enjoys having the family participate in these art projects.

Babies have fun learning through sensory by doing different activities such as playing with sensory balls. They will get to feel the different shapes, sizes, and colors of the balls. We can play catch the balls, hide them, and stack them just to watch them tumble

down. Just seeing the excitement of the babies as they move their hands and feet is so worth it, Babies get constant exercise by going through their regular daily routine. Every day, each day baby spends tummy time on the mat to strengthen back and leg muscles.

During feeding time, we practice putting our hands on the bottle to eventually learn to self-feed. Once your child is 4 months old, he or she will get exercise time in the exersaucers. You will see that hard work pays off as your baby builds muscle and gets mobile, first by pushing and rolling and later by crawling, scooting, and walking. Encouraging your baby's independence may be difficult at times, but it is beneficial to his/her self-esteem and knowledge. With your support and the teachers in Foals 1, your baby will be moving and growing happily along his/her developmental journey.



FOALS 2

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WE ARE BRINGING IN THE NEW YEAR IN FOALS 2, AND THERE IS A LOT OF LEARNING AND GROWING IN STORE OVER THE NEXT FEW MONTHS.

We are excited your baby will be part of it. Maintaining your child's daily schedule is a big part of development in our classroom, and our teachers enhance the learning experience by including activities to support that development. Feelings are a key theme we will focus on in the coming months. And we all know that most babies have no problem expressing feelings. We sing songs about feelings – *If You are Happy and You Know It* and *How are You?* Reading books such as *Making Faces* and *Calm-Down Time* are fun activities we have in store to teach your baby about feelings.

In Foals 2 we go with the flow but also try to stick to our lesson plans. We encourage our parents to try some of our units at home as well. These become very fun, and it is a great feeling to see your child's intrigues with the activities. In our lesson plans we incorporate sensory activities. This helps with feeding as well. Language activities are also part of lesson plans, such as reading, singing, sign language and even other languages. The activities are endless, and it's always such a joy to see your child show interest.

Staying Connected

Communication is vital in any relationship, and as teachers we would like to make sure we have all lines of communication open to you pertaining to your child. Please feel free to contact us with any questions, concerns, or comments by calling Rocking Horse Academy directly, sending a message through ProCare, or emailing us at foals2@rockinghorseacademy.com . As your Foals 2 lead teacher, I try my best to make myself available during your child's drop-off to discuss any matters. Also please be assured in any case, all teachers in Foals 2 are here to assist you as well. We are grateful to have you and your child as part of our class and look forward to more learning and growing in Foals 2.

foals2@rockinghorseacademy.com
Ms. Sydney • Ms. Emily • Ms. Catalina • Ms. Jada





COLTS

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Developmental Phases

This can be a difficult age for your child. At this age, a lot of behaviors occur (i.e. biting, hitting, pulling hair, pushing). Most of the time when biting occurs, it is either done because a child cannot vocalize his/her words or is suffering from teething. We strive to help the children to overcome this phase of their lives by encouraging positive reinforcement. Some ways to do so are role playing, offering alternative activities, offering a cold teether, or gently reminding him/her that our teeth are used for eating food. This is also the age where he/she starts testing boundaries, and "NO" becomes his/her favorite word. I will communicate as much as I can with families involved in a biting situation. Please do not ever hesitate to ask questions concerning any behavior issues.

One thing that we start focusing on is simple 2-3 step directions. The main one we practice is asking the child to walk to us or meet us at the changing table to get a fresh diaper. We will also discuss what we are doing and explain the process. We always explain to the children what we are doing. Second, when we are done, we pull our pants up. Last, we wash our hands for at least 20 seconds with soap and water. We also start focusing on self-help skills such as feeding himself/herself with a spoon or fork, washing our hands with help. We ask our children to line up to go outside, and we direct them to come to the table for snack time and lunch time.

Reminders

Now is the time to check your child's cubby for size and weather-appropriate clothing. Please remember to label all clothing (especially coats and hats), linens, bags, etc. with your child's name. Please make sure to label each of your child's diapers with his/her initials. We have numerous little ones that use the same brand and size. Our little ones sure do love their water. Please make sure to bring a filled water bottle daily, labeled with your child's first name and last initial, and we will gladly refill as needed. We are here to help your child and you through these developmental years. If you have any questions, or concerns, please don't hesitate to let us know. You may reach us by calling Rocking Horse Academy and asking for the Colts classroom, and we will be more than happy to chat with you a good time to reach us is 1:00pm-2:00pm. You may also message us on ProCare, and we will message you back as soon as possible. Or you can also email us at colts@rockinghorseacademy.com

Happy New Year Colts families! Can you believe that we are already in a New Year? Our Colts have learned so much these past few months, and we couldn't be prouder of them!

In the next few months, we will have Family Teacher Conferences coming up. We also will have the Scholastics Book Fair, which we all love. Come April, we have Week of the Young Child which is always a fun time here at Rocking Horse. Be on the look-out for sign-up sheets for Family Teacher Conference week and our Valentine Party sign-up sheet.

Our Colts are curious about EVERYTHING. They tend to learn best with hands-on activities. We will do a variety of artwork based on the monthly themes. One main component of our lessons is artwork. Painting, markers, crayons, chalk, different painting utensils and different types of paper are a big part of our learning process. The STEAM curriculum is another major part of our daily lessons. We do this in a variety of ways (i.e. counting steps, sorting toys by color and size, etc.) flash cards, music, and story time just to name a few. We will continue to work on our manners (i.e. Please and thank you) and a lot of sign language (i.e. thank you, please and milk) with our Colts every day.

In the next several months, we will keep busy by learning about Arctic animals, feelings, health and our body, farm animals, insects, and buildings. We will be implementing the STEAM curriculum by sorting Arctic animals by size, look at pictures of different types of facial expressions (sad, happy) we use different sized blocks to create buildings, to work on fine motor skills. The children also love to look at books. We love circle time where we will learn our basic colors, numbers and shapes. We will sing our ABC's and count as a group. We will learn our friend's names and do stations with fun toys. Repetition is essential to learning these basic foundations.

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Ms. Monica • Ms. Ava • Ms. Kenna • Ms. Alexee



PONIES

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We hope that all our Ponies and their families enjoyed a wonderful holiday season!

2026 has started with a bang and we are ready to breeze through to spring. We are very excited about each and every one of you and the fun we will have together. The next four months will be bursting with activities that will enable our Ponies to discover more about themselves and the world around them. As always, we will continue learning our sign language and our Spanish words.

January is here with a chill. Winter is wonderful as we explore the Arctic and discover which animals live there and how they survive the cold temperature. The Ponies love to growl like a polar bear and waddle like a penguin as we read books and sing songs about Arctic animals. This month brings in a New Year so we will focus on calendars: days of the week, months of the year, and do you have a birthday every year

We will begin February by learning about health and the body. The Ponies will learn to identify the basic parts of his/her bodies such as nose (nariz), eyes (ojos), hands (manos), knees (rodillas), etc. The songs 'Head, Shoulders, Knees and Toes' and 'The Hokey Pokey' are fun ways to move our bodies while learning the names of body parts. We will also focus on hygiene; cleanliness is very important to us and we will continue to learn how to wash our hands, clean up after ourselves following mealtimes, and how to use tissues or our elbows to cover our coughs and sneezes. The second week of February we will talk about feelings such as happy (feliz) and sad (triste). Our students will learn to identify feelings based on facial expressions and we will reinforce appropriate ways to

express our feelings. The week of Valentine's Day, we will talk about love (amor) and friendship (amistad). The Ponies will host a Valentine's Day party; keep an eye out for our sign-up sheet. We will end February by discussing heroes such as firemen, the police, and the military.

March brings the fun of learning about farm animals! Our students love to make animal sounds while pretending to be chickens (pollos), cows (vacas), ducks (patos), etc. You can do this at home as well. Your child will love to show you what he/she are learning! Spring is here and we will talk about the beautiful flowers (flores), new baby animals, all kinds of bugs, and the weather. Staying active is very important to our growing children and as the weather warms up, we will enjoy some more outside time. While outside we will look at the new leaves on trees, run relay races, and play games such as 'Ring Around the Rosy'. We will also talk about and celebrate Dr. Seuss' birthday and read many of his beloved books.

In the month of April your Pony will learn about beautiful and colorful birds (pajaros) and how feathers keep them warm. We will learn the sounds they make, pretend to fly, and look for birds while we are outside. We will talk about outer space and look at pictures of stars (estrellas) and planets (planetas) through a make believe telescope. We will also learn how astronauts visit space and we'll play with toy rockets and spaceships. The Ponies will learn about our environment and how we can take care of it with the Three R's- Reduce, Reuse, and Recycle. Rocking Horse will also celebrate a special time, Week of the Young Child. Stay tuned for more information about this special celebration.

Reminders

Just a few reminders as we begin the new year. Please remember to label everythin: water bottles & lunch boxes must have first name and last initial on it. Also make sure diapers have first & last name initials as well as making sure wipes have your child's name on them. We have a lot of friends with the same diapers and wipes. We also ask that you label any clothes or jackets that you may leave in your child's cubby. Thank you!

We are very excited about each one of you and all the learning and fun we'll have together! If you have any questions please don't hesitate to give us a call or message us on Procure. Thank you!

ponies@rockinghorseacademy.com
Ms. Paulina • Ms. Norma • Ms. Alex • Ms. Kylie



CHARGERS 1

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Happy New Year and welcome to Chargers 1!

We are so excited to have your family join our classroom and can't wait to watch your child learn and grow with us. In Chargers 1, our focus will be on learning shapes, colors, letters, and numbers through hands-on activities and play-based learning that also strengthen gross and fine motor skills. We will support children as they practice communicating their feelings, recognizing emotions, and building confidence in the classroom. Children will also work toward important self-help skills such as potty learning, using utensils during meals, and dressing themselves.

As we move full STEAM ahead through the winter and spring, we will enjoy fun science activities like ice-melt experiments, planting lettuce, and observing how it grows. We will explore Arctic animals and how they stay warm in snowy environments, read 'Curious About Snow', and create winter-themed art. As the weather begins to warm, we will head outside to the garden to plant seeds, water them, and watch them grow while learning about food and flowers and creating a flower using our shape of the month.

We will continue with our diversity journey by learning about Black history, different disabilities, and Autism awareness. We will practice our manners with "please", "thank you", "more" and "no thank you" and showing kindness to all abilities, cultures, and diversities.



Potty Talk

Potty training is an exciting milestone, but it takes time, patience and consistency. Every child is different. In this classroom we encourage all children to get familiar with the potty area. To help with this process, we will gently tell your child, 'It's time to try,' and invite them to sit on the potty during diaper changes. This helps introduce the routine in a positive way. Toddlers love to practice their newfound independence by "doing it by myself". Dressing your child in clothing that is easy for them to pull up and down helps them work on self-independence. Also being consistent at home as we are here at school, our communication with you (the family) is key. Please let us know if there is anything we can do to make this a much easier process for you. We are excited for your little one to start this "big kid" journey.

Important Reminders

Please remember to label ALL your child's belongings: clothes, pull-ups, wipes, cups, lunch boxes, bedding and backpacks. This will help eliminate confusion and lost items. Please bring a bag or backpack to put all your child's belongings in on Friday and make sure to check cubbies for art and other items daily.

Please remember to clock-in your child and clock-out your child with ProCare. Please keep in mind that when you message, we will get back to you as soon as possible during nap time 12:30-2:30 while children sleep.

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Ms. Brandi • Ms. Hanna



CHARGERS 2

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Happy new year! We're so excited to welcome our little learners back to school after the holiday break.

Cooler temperatures can only mean winter is here, or is it with Texas weather? In Chargers 2 we will explore many new experiences with our incoming new friends. We will begin to observe each child to see where they are at academically and how we can help.

At this age we continue to increase sensory activities, such as playing with "fake" snow (shaving cream). Lots of play-doh, and many other sensory based activities- this is such an important process of development, to which we enjoy every step.

We will continue to work on our counting, colors, shapes and ABC's daily. Next to that, we will introduce months of the year as well as days of the week. We incorporate our basics with art, communication about weather, and observations that are present.

Everyday we go over "using our inside voices" and our words to communicate with our friends. When our friends are able to communicate with simple gestures, it truly helps, as much so as our friends being less physical. We could use your help with this at home, although we know this is normal "Toddler" behavior, we want to help the growth of your children as much as possible.

The students are starting to grasp the concept of what they do and don't like, so anything that can help our Chargers verbally express themselves, we encourage it.

Our students are continuing to work on alphabet recognition, color recognition, and number recognition. This is hard work, and we are so proud of each child. During Circle Time we are able to

come together and learn as a whole classroom. It is important for your child to be present during this opportunity.

A fun way we introduce math is by counting at every threshold we pass- we count how many friends we have, which is also teaching how to count in higher numbers. We work on sorting with shapes and colors daily- this is another way we incorporate counting. In Chargers 2 we strive to have our friends know their colors, shapes ABC's and numbers. Repetition is key, we also work to be sure our colors and shapes are often moved around to help with being able to identify independently.

We have started incorporating sign language with all of our circle time. It is such a joy to see. We will incorporate fun science experiments in class together- ice experiments, making our own snow, and so much more!

We will ring in the new year focusing on winter and Arctic animals. We will talk about the change of seasons and what winter brings. "Polar Bear, Polar Bear, What Do You See?" will help illustrate different Arctic animals and show them in their environment.

Social and Emotional development is a key learning topic over the next few months. Talking about "feelings" and learning how to express our emotions are just a peek into what we will be working on.

As the seasons change, we will blow into March winds and talk about farm life and all the workings of a farm and the animals that you would see there. We will then talk about spring and plant some seeds so we can watch how they grow. This will lead us into our earth theme. We will focus on our planet and what everyone must do to protect the earth. We will create art using recycled materials.

Potty Talk

In Chargers 2 we are continuously working on potty training . We have friends in all stages of the potty-training process. Some friends are being newly introduced, others will use the potty here and there, and we also have some friends who are fully potty trained. We root for them all equally and ask that we have the same help at home in guiding them through the process.

Please remember to bring 3 changes of weather-appropriate clothes, especially during the potty-training process. Label all personal items and check Procure daily for any important information or reminders.

chargers2@rockinghorseacademy.com
Ms. Chelsi • Ms. Alyssa • Ms. Jasmine





PINTOS

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Happy New Year Pintos! A brand-new year is here, and our classroom is bursting with excitement for all the fun and discovery ahead! Our class has been focusing on building independence, kindness, and teamwork as we begin this next chapter. This month, we will explore hands-on STEAM activities inspired by winter weather with activities such as counting paper snowflakes, make snow, and observe what happens when ice melts in warm water.

During the month of February, we will have group discussions about diversity as this month is Black History month. We will hear about great leaders of our country and some of the wonderful things that they have done, including many brilliant inventors. There are many interesting discussions during Circle Time as it is always a Pinto favorite time of day. It is amazing to hear some of the mature ideas these little minds come up with.

As we prepare to welcome spring, our classroom will explore changes in nature and all the wonderful things that grow, crawl, and bloom! We will sharpen our fine motor skills by using tweezers to pick up pretend "bugs" from sensory bins and cutting paper petals and leaves for spring collages.

As we close out the year, we will continue to work on our colors in English and Spanish, numbers (1-20), letters (as well as signing), and shapes to prepare for our parent/teacher conferences at the beginning of February. We use each of these throughout the day, whether it's counting to our number of the week before our meals or looking for our letter/color of the week on our way to the playground or cafeteria! Our ultimate goal is to have our students count up to 20, be able to recognize some letters of the alphabet, know some letters phonetically and start to work on tracing simple lines.

Potty Talk

Potty training is an on-going experience in the Pinto room, so it is important to keep 3 sets of clothes and even a pair of shoes in your child's cubby. Plastic bags are our best friends, so please feel free to bring in any extra you have. Remember when dressing your Pinto to make sure he/she is wearing clothes that allow him/her to easily pull down to go potty and pull up as well.

Reminders:

Please remember to label everything, including your child's bedding and please send your child with a labeled water bottle each day (water only).

As always, we are here for any questions or concerns you may have.

You may call during nap time (12:30-2:00), leave a Procare message, or email us at Pintos@rockinghorseacademy.com

pintos@rockinghorseacademy.com
Ms. Monette • Ms. Marissa • Ms. Carol



WRANGLERS

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Happy New Year! Our mighty Wranglers are ready and looking forward to new learning opportunities, while we also prepare to transition to the Pre-K classes in a few months. We still have tons of new learning and preparation to undertake.

Through our winter months, we will explore Arctic animals and where they live, what they eat, and how their bodies stay warm in their cold climate. Then we will proceed to make a class "Arctic Poster", which will include Arctic animals colored and cut by the children. It's a fun way to start a conversation about what they have learned so far while putting the poster together.

As the months continue, we will tackle diversity by using the "white and brown egg" experiment. This helps children know that even though we look different on the outside, we are the same on the inside. Next, we will focus on health and body by eating healthful snacks, and the importance of practicing good hygiene such as brushing our teeth, washing our hands, bathing often, washing our hair and more. It's important at this age to teach health and nutrition. If we build good life habits now, they may follow the child throughout his/her years. We will do the pepper and soap experiment to

show the children how germs work, and why it is so important to wash our hands often.

Spring is one of our favorite seasons to teach because we learn about both the plant and animal life cycles. We will plant our own lima bean seeds and watch them grow daily in the classroom. We will make charts to measure and log the daily growth of our lima bean sprouts and guess how many days it will take to see the bean sprout.

There will be lots of celebrating going on these upcoming months such as Week of the

Young Child, a national holiday celebrating your awesome child and recognition for children in early learning, their families and teachers. This is a weeklong event at our school with dress – up days and celebrations.

During all these fun learning weeks, we will start assessments and family-teacher conferences. We will discuss your child's progress during these meetings. This is an important time of year to see where we need to concentrate more to prepare students for their transition into Pre-K. Those scheduling a conference will receive a report card showing their child's achievements, and we will discuss future goals.

I am thrilled to see the children learn and achieve things they didn't think they could do. Thank you for letting us be able to do something we love every day.



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Ms. Brittany • Ms. Aliss • Ms. Laci

MUSTANGS

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Happy New Year! We're already halfway through the school year, and our Mustangs are excited for all the new experiences that will help get them ready for Pre-K in the months ahead. Until then, we still have plenty of fun learning to enjoy together!

During the winter months, we'll explore Arctic animals—where they live, what they eat, and how they stay warm in such cold climates. We'll also do an "Arctic Animal Rescue," where each child will receive an ice cube with a small Arctic animal inside. Using water-filled pipettes, the children will practice patience, fine motor skills and count each of their drops outloud as they work to melt the ice and "free" their animals.

As the year continues, we'll learn about diversity with the "white and brown egg" experiment, helping children see that even though we may look different on the outside, we're the same on the inside. We'll also talk about keeping our bodies healthy by eating nutritious snacks and practicing good hygiene like brushing teeth and hand washing. This age is a great time to build routines that encourage lifelong healthy habits. We'll even do a "Germy Hands" experiment so the children can see how long it really takes to wash germs away.

In the spring, we'll bring S.T.E.A.M. activities into the classroom. We'll care for caterpillars and watch them transform into butterflies, and we'll plant lima beans so

the children can observe how they grow from seed to sprout. These hands-on activities help them stay engaged while learning about life cycles in both plants and animals.

Along with all the fun, we also want to support your child's academic success. We'll begin assessments and schedule family-teacher conferences to discuss progress and help prepare for the transition to Pre-K. Families who schedule a conference will receive a report card highlighting their child's growth and goals moving forward. We will be focusing on your child's knowledge of colors, numbers, shapes, letter recognition and phonics to see what topics need to be focused on to get your child to meet their milestones.

We are truly overjoyed to see how much the children have learned and accomplished since the beginning of the year. Thank you for your ongoing support and for trusting us with your amazing children.



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Ms. Alycia • Ms. Jessie • Ms. Madison

TROTTERS

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Hello families and Happy New Year! Half the school year has passed and the next few months will fly by. Soon, graduation will arrive! We have made so much progress since our first day in Pre-K, and we are so proud. We will be having a family/teacher conference to go over what we have been working on as well as receive progress reports.

In the next month, we will learn about animals, their habitats, and hibernation. As a STEAM activity, we will use small plastic cups and counting bears to create small caves for them. We will stack and see how high we can stack. We will discuss which animals hibernate and which animals adapt to the weather. Another subject we will learn about is insects. The class really loves to talk about the different insects we see during outside time, so I am sure they will love this.

Some of the other lessons we will learn about are our five senses. We will use our senses to smell different spices, feel different textures, and we will also play sound bingo to sharpen our listening. The Trotters will also learn about the different ways we can be and stay healthy, such as keeping healthful routines and habits and eating well. We will learn about how to stay safe when there is an emergency and to call 9-1-1.

In these next upcoming months, we will continue to work on getting ready to head to kindergarten. We will work on self-regulation, social skills, and academics. The Trotters will learn more about rhyming words, compound words, and how to write sentences on their own. Right now, we are starting to write simple sentences such as "Otter starts with the letter O." We are still working on writing skills such as finger placement on writing utensils and tracing letters and words. The teachers have been encouraging the students to write simple words and letters on their own. Slowly they are getting the hang of writing on their own.

Some of the milestones we are trying to accomplish are writing and spelling their first and last name, working cooperatively with their peers, and how to self-regulate and problem-solve.

Another skill that we are working on is simple math such as $5 + 5 = 10$ and learning how to identify numbers to 30.

Pretty soon we will be getting ready for graduation! It is a very exciting time for all of us, and I cannot wait for you families to see what we have been working on.

These next months will fly by, and we are so excited to see your children flourish into the best humans they can be. Thank you families, for allowing us Trotter teachers to be a part of your child's journey!



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Ms. Tina • Ms. Zoe



BRONCOS

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HELLO BRONCOS PARENTS! I hope you all had a great holiday season with a lot of love and family time. I cannot believe that it is a new school year, and now the remaining days will go by so quickly. We, as a class, have a lot to work on to get ready for the events that are to come such as parent/teacher conferences, Week of the Young Child, and Pre-K graduation to name a few.

This upcoming month we will have conferences. Since your child has entered our room, we have been working on letter, number and shape recognition as well as letter sounds. We have also been learning about compound words, rhyming, and punctuation. During conferences, we will talk about what your child has learned, and this will be the time to ask any questions or voice concerns. One topic we will be excited to learn about is insects. A fun activity we will do is go on a bug hunt. We will venture out in the playground to see if we can find any bugs and try our best to draw them. After we are done, we will make a bug book to share with others. Another subject we will work on is problem-solving. The teacher will give the class a "What is missing?" problem, and they will try to figure it out. At the same time, the Broncos will learn about grids, columns, and rows. By doing this, we will see if the children can solve matrix problems through classification.

Also, a subject we will discuss later is other cultures and their traditions. The children will learn how people dress often from their culture or their family's way of life. We will also compare others' clothes and way of life to our own. As we learn about this, we will sneak in some math as well such as adding and subtracting beads and patterns. We will introduce the creative jewelry that many around the world wear. The class will

explore the different textures, colors and patterns some might use to make jewelry. We will also have the opportunity to use our imagination and create our own unique piece of jewelry by creating a pattern and following the steps to put it together. At this wonderful age, self-regulation is something that we are teaching the children daily. Self-regulation is a skill kindergarteners need to allow them to practice the skill to breathe and to wait, and to react calmly to things they don't want to hear. It's a skill that even we adults need to calm down and react calmly and peacefully. There are many ways to help a child with self-regulation, but the one we have found that is more effective in class is teaching them breathing meditation. When a child does need help, we ask them to put a finger up and to pretend to blow out the candle. It does help a lot and distracts him/her from the initial problem. A couple of things to keep in mind, give your child ample empathy and consistent praise for their efforts and progress. Your child will learn these skills gradually. As we near the end of our school year, we will be getting ready for graduation and discussing moving up to the "big kid school" they talk so much about. We are so thankful and grateful that you have given us the opportunity to teach and spend time with your children every day. Thank you!



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Ms. Miriam • Ms. Norma • Ms. Denise

CORRAL KIDS



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Can you believe it's already a new year!! As we say goodbye to 2025, we are excited to welcome the new year with each of our Corral Kid families! 2026 is sure to be filled with many new adventures and opportunities for our Corral Kids.

In January, we will focus on celebrating the New Year while emphasizing kindness. Our Corral Kids will be challenged to complete one random act of kindness each week. At the end of the week, students will be encouraged to share their act of kindness with their group. Each act will earn a Super Buck, which may be turned in on Fridays for a treasure box prize. Super Bucks will continue throughout the year as a way to encourage kindness and positive behavior.

February will focus on love and emotions. Our students will create one-of-a-kind Valentine's projects while learning how kindness and love go hand in hand. We want our Corral Kids to see how small acts of kindness can create the happiest reactions.

Before we know it, March will be here—and the Corral Kids are already excited! With daylight savings bringing more sunlight, we'll enjoy additional outdoor time. Spring Break also brings the opportunity to enroll in our Spring Break Camp. Please be sure to sign up with your child's teacher at pick-up or with Ms. Kira between now and March 6th to secure your child's spot.

April showers bring May flowers! In April, we will focus on using our green thumbs while learning about plants and growth. Each child will decorate his/her own pot and grow a plant that he/she will water and observe throughout the month.

COMMUNICATION

We would love to hear from you! Our communication app, ProCare is a wonderful way for you to let us know about your child's expected attendance, questions about the program or any other questions that you may have.



ALL-DAY CARE

Corral Kids will offer all-day care on days the school district is closed. All-day care tuition is \$110 per week plus \$45 per day your child attends. If you do not wish to use all-day care, no tuition will be charged only for the week of Spring Break (March 16th–March 20th). All-day care will be available on the following dates:

- Monday, January 5th
- Spring Break: Monday, March 16th – Friday, March 20th