

PONIES

Rocking Horse Review • January - April 2026



We hope that all our Ponies and their families enjoyed a wonderful holiday season!

2026 has started with a bang and we are ready to breeze through to spring. We are very excited about each and every one of you and the fun we will have together. The next four months will be bursting with activities that will enable our Ponies to discover more about themselves and the world around them. As always, we will continue learning our sign language and our Spanish words.

January is here with a chill. Winter is wonderful as we explore the Arctic and discover which animals live there and how they survive the cold temperature. The Ponies love to growl like a polar bear and waddle like a penguin as we read books and sing songs about Arctic animals. This month brings in a New Year so we will focus on calendars: days of the week, months of the year, and do you have a birthday every year

We will begin February by learning about health and the body. The Ponies will learn to identify the basic parts of his/her bodies such as nose (nariz), eyes (ojos), hands (manos), knees (rodillas), etc. The songs 'Head, Shoulders, Knees and Toes' and 'The Hokey Pokey' are fun ways to move our bodies while learning the names of body parts. We will also focus on hygiene; cleanliness is very important to us and we will continue to learn how to wash our hands, clean up after ourselves following mealtimes, and how to use tissues or our elbows to cover our coughs and sneezes. The second week of February we will talk about feelings such as happy (feliz) and sad (triste). Our students will learn to identify feelings based on facial expressions and we will reinforce appropriate ways to

express our feelings. The week of Valentine's Day, we will talk about love (amor) and friendship (amistad). The Ponies will host a Valentine's Day party; keep an eye out for our sign-up sheet. We will end February by discussing heroes such as firemen, the police, and the military.

March brings the fun of learning about farm animals! Our students love to make animal sounds while pretending to be chickens (pollos), cows (vacas), ducks (patos), etc. You can do this at home as well. Your child will love to show you what he/she are learning! Spring is here and we will talk about the beautiful flowers (flores), new baby animals, all kinds of bugs, and the weather. Staying active is very important to our growing children and as the weather warms up, we will enjoy some more outside time. While outside we will look at the new leaves on trees, run relay races, and play games such as 'Ring Around the Rosy'. We will also talk about and celebrate Dr. Seuss' birthday and read many of his beloved books.

In the month of April your Pony will learn about beautiful and colorful birds (pajaros) and how feathers keep them warm. We will learn the sounds they make, pretend to fly, and look for birds while we are outside. We will talk about outer space and look at pictures of stars (estrellas) and planets (planetas) through a make believe telescope. We will also learn how astronauts visit space and we'll play with toy rockets and spaceships. The Ponies will learn about our environment and how we can take care of it with the Three R's- Reduce, Reuse, and Recycle. Rocking Horse will also celebrate a special time, Week of the Young Child. Stay tuned for more information about this special celebration.

Reminders

Just a few reminders as we begin the new year. Please remember to label everythin: water bottles & lunch boxes must have first name and last initial on it. Also make sure diapers have first & last name initials as well as making sure wipes have your child's name on them. We have a lot of friends with the same diapers and wipes. We also ask that you label any clothes or jackets that you may leave in your child's cubby. Thank you!

We are very excited about each one of you and all the learning and fun we'll have together! If you have any questions please don't hesitate to give us a call or message us on Procure. Thank you!

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