

# CHARGERS 2

Rocking Horse Review • January - April 2026

## **Happy new year! We're so excited to welcome our little learners back to school after the holiday break.**

Cooler temperatures can only mean winter is here, or is it with Texas weather? In Chargers 2 we will explore many new experiences with our incoming new friends. We will begin to observe each child to see where they are at academically and how we can help.

At this age we continue to increase sensory activities, such as playing with "fake" snow (shaving cream). Lots of play-doh, and many other sensory based activities- this is such an important process of development, to which we enjoy every step.

We will continue to work on our counting, colors, shapes and ABC's daily. Next to that, we will introduce months of the year as well as days of the week. We incorporate our basics with art, communication about weather, and observations that are present.

Everyday we go over "using our inside voices" and our words to communicate with our friends. When our friends are able to communicate with simple gestures, it truly helps, as much so as our friends being less physical. We could use your help with this at home, although we know this is normal "Toddler" behavior, we want to help the growth of your children as much as possible.

The students are starting to grasp the concept of what they do and don't like, so anything that can help our Chargers verbally express themselves, we encourage it.

Our students are continuing to work on alphabet recognition, color recognition, and number recognition. This is hard work, and we are so proud of each child. During Circle Time we are able to

come together and learn as a whole classroom. It is important for your child to be present during this opportunity.

A fun way we introduce math is by counting at every threshold we pass- we count how many friends we have, which is also teaching how to count in higher numbers. We work on sorting with shapes and colors daily- this is another way we incorporate counting. In Chargers 2 we strive to have our friends know their colors, shapes ABC's and numbers. Repetition is key, we also work to be sure our colors and shapes are often moved around to help with being able to identify independently.

We have started incorporating sign language with all of our circle time. It is such a joy to see. We will incorporate fun science experiments in class together- ice experiments, making our own snow, and so much more!

We will ring in the new year focusing on winter and Arctic animals. We will talk about the change of seasons and what winter brings. "Polar Bear, Polar Bear, What Do You See?" will help illustrate different Arctic animals and show them in their environment.

Social and Emotional development is a key learning topic over the next few months. Talking about "feelings" and learning how to express our emotions are just a peek into what we will be working on.

As the seasons change, we will blow into March winds and talk about farm life and all the workings of a farm and the animals that you would see there. We will then talk about spring and plant some seeds so we can watch how they grow. This will lead us into our earth theme. We will focus on our planet and what everyone must do to protect the earth. We will create art using recycled materials.

## **Potty Talk**

In Chargers 2 we are continuously working on potty training . We have friends in all stages of the potty-training process. Some friends are being newly introduced, others will use the potty here and there, and we also have some friends who are fully potty trained. We root for them all equally and ask that we have the same help at home in guiding them through the process.

Please remember to bring 3 changes of weather-appropriate clothes, especially during the potty-training process. Label all personal items and check Procure daily for any important information or reminders.

chargers2@rockinghorseacademy.com  
Ms. Chelsi • Ms. Alyssa • Ms. Jasmine

