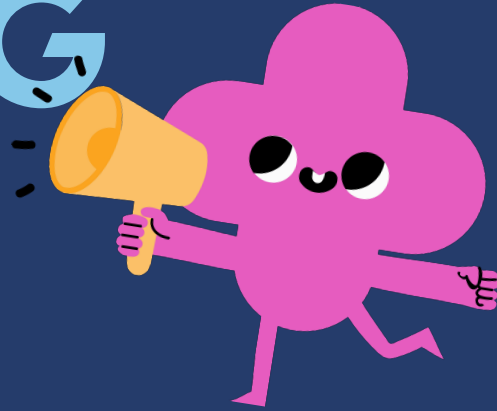


JANUARY - APRIL 2025

# ROCKING HORSE REVIEW



The official Rocking Horse Academy newsletter.

## IMPORTANT DATES

### Family Conferences

February 3- February 7

A sign-up sheet will be available at the front desk. Phone and Zoom Conf. opportunities. Families will only receive a report card during conferences.

### Scholastic Book Fair

March 3 - March 7

Add some fabulous books to your library. All profits made from the fair are taken in actual books for classrooms

### Read Across America Week

March 3 - March 7

Theme week encouraging the importance of reading at school and at home.

### Week of the Young Child

April 7- April 11

Theme week commemorating early learning, children, and their teachers.

### CK Summer Camp Early Registration

March 10

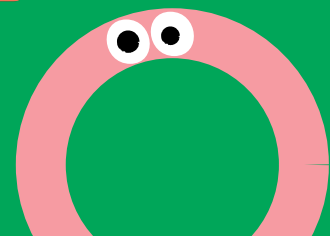
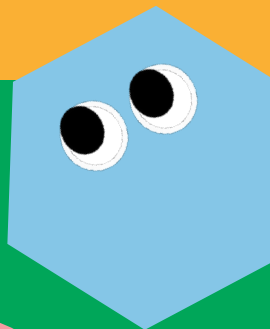
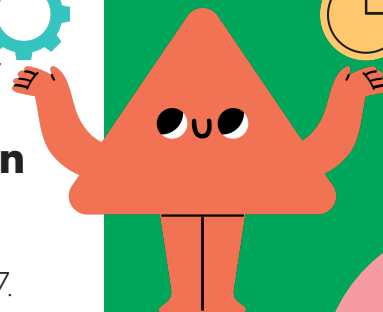
Summer camp fills up quickly, Be sure to pre-register. Open enrollment begins March 17.

## School Closed

- January 1
- January 20
- February 17
- April 18 & 21

## Tuition Due Dates

- January 6th & 20th
- February 3rd & 17th
- March 3rd & 17th
- April 14th & 28th



# FOALS 1

Rocking Horse Review • January - April 2025

**Welcome to all our new little friends to Foals 1.** We are so excited to start the Year 2025. We are looking forward to all the new adventures, wonderful growth, and learning experiences to come in the New Year. Each day is different as every baby begins to develop his/her own skills at home and at school.

Babies are a blessing, and we look forward to having yours in our classroom as we work with them encouraging new milestones. We spend a lot of time learning through play and encourage you to do the same at home.

We have some great art projects that we will explore in January. We will learn about Arctic animals and have fun playing with ice. As our sensory unit, we will talk about how the ice feels in our hands and watch the facial expressions of the babies. Also, for sensory we will paint polar bears and feel the paint as we paint with it.

Babies have fun learning through sensory by doing different activities such as playing with sensory balls. They will get to feel the different shapes, sizes, and colors of the balls. We can play catch the balls, hide them, and stack them just to watch them tumble down. Just seeing the excitement of the babies as they move their hands and feet is so worth it.

Babies get constant exercise by going through their regular daily routine. Every day, each baby spends tummy time on the mat to strengthen back and leg muscles. During feeding time, we practice putting our hands on the bottle to eventually learn to self-feed. Once your child is 4 months old, he or she will get exercise time in the exersaucers. You will see that hard work pays off as your baby builds muscle and gets mobile, first by pushing and rolling and later by crawling, scooting, and walking. Encouraging your baby's independence may be difficult at times, but its beneficial to his/her self-esteem and knowledge. With your support and the teachers in Foals 1, your baby will be moving and growing happily along his/her developmental journey.



Communication is vital in any relationship, and as teachers we would like to make sure we have all lines of communication open to you pertaining to your child. Please feel free to contact us with any questions, concerns, or comments by calling Rocking Horse Academy directly or emailing us at [foals1@rockinghorseacademy.com](mailto:foals1@rockinghorseacademy.com).

As your Foals 1 lead teacher I try my best to make myself available during your child's drop-off to discuss any matters. Also please be assured in any case all teachers in Foals 1 are here to assist you as well. We are grateful to have you and your child as part of our class and look forward to more learning and growing in Foals 1.





# FOALS 2

Rocking Horse Review • January - April 2025

**We are bringing in the New Year in Foals 2**, and there is a lot of growing and learning in store over the next few months. We are excited your baby will be part of it. Maintaining your baby's daily schedule is a big part of development in our classroom, and our teachers enhance the learning experience by including activities to support that development. Feelings are a key theme that we will focus on in the next few months. And we all know how our babies have no problem expressing feelings. Singing songs about feelings- If You are Happy and You Know it and How are You?, and reading books such as Making Faces and Calm- Down Time are a few fun activities we have in store to teach your child about his/her feelings.

In Foals 2, we go with the flow but also try to stick with our lesson plans. We encourage our families to try some of our units at home as well. These can become fun for you and your child, and it is a wonderful feeling to see how your child is intrigued with the various activities. One activity that I encourage families to do with their child/children is mixing paint colors. ( Make sure that you use washable paints, such as Crayola Washable paints.) This activity has numerous learning aspects. (Cause and effect, simple math, and language skills)

In our lesson plans we incorporate language activities such as reading, singing, sign language and even other languages. Reading is a big part of our lesson plans in Foals 2. Reading involves not only the story, but also facial expressions and tone of voice. (Read a simple story to your child but add different voices and facial expressions. Make your voice go high or low.) The activities are endless, and it's such a joy to see your child express his/her interest in different activities.

Always remember, a child's work is play. This is how he/she learns the skills that are needed in life.



Communication is a vital part of any relationship, and as teachers we would like to make sure we have all forms of communication open to you pertaining to your child. Please feel free to contact us with questions, comments, or concerns by calling RHA, by emailing us at [foals2@rockinghorseacademy.com](mailto:foals2@rockinghorseacademy.com), or through the ProCare APP.

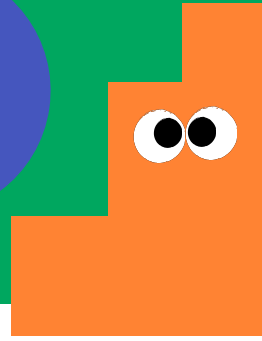
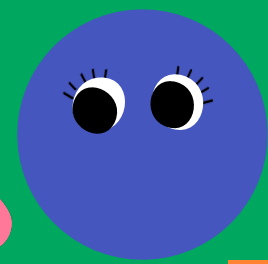
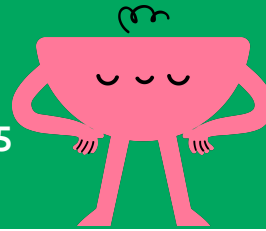
We are so grateful to have your child and you as part of the RHA family. We look forward to more growing and learning with your baby in Foals 2.

[foals2@rockinghorseacademy.com](mailto:foals2@rockinghorseacademy.com)  
Ms. Eileen • Ms. Stephanie • Ms. Heather • Ms. Cassidy



# COLTS

Rocking Horse Review • January - April 2025



**Happy New Year, Colts' Families!** Can you believe that we are already in a New Year? Our Colts have learned so much these past few months, and we couldn't be prouder of them! Our Colts are curious about EVERYTHING. They tend to learn best with hands-on activities. We will do a variety of artwork based on the monthly themes. One main component of our lessons is artwork. Painting, markers, crayons, chalk, different painting utensils and different types of paper are a big part of our learning process. The STEAM curriculum is another major part of our daily lessons. We do this in a variety of ways (i.e. counting steps, sorting toys by color and size, etc.) flash cards, music, and story time just to name a few. We will continue to work on our manners (i.e. Please and thank you) and a lot of sign language (i.e. thank you, please, diaper, milk) with our Colts every day.

In the next several months, we will keep busy by learning about Arctic animals, feelings, health and our body, farm animals, insects, and buildings. We will be implementing the STEAM curriculum by sorting Arctic animals by size, look at pictures of different types of facial expressions (sad, happy) we use different sized blocks to create buildings, to work on fine motor skills. The children also love to look at books. We love circle time where we will learn our basic colors, numbers and shapes. We will sing our ABC's and count as a group. We will learn our friend's names and do stations with fun toys. Repetition is essential to learning these basic

foundations.

This can be a difficult age for your child. At this age, a lot of behaviors occur (i.e. biting, hitting, pulling hair, pushing). Most of the time when biting occurs, it is either done because a child cannot vocalize his/her words or is suffering from teething. We strive to help the children to overcome this phase of their lives by encouraging positive reinforcement. Some ways to do so are role playing, offering alternative activities, offering a cold teether, or gently reminding him/her that our teeth are used for eating food. This is also the age where he/she starts testing boundaries, and "NO" becomes his/her favorite word. I will communicate as much as I can with families involved in a biting situation. Please do not ever hesitate to ask questions concerning any behavior issues.

One thing that we start focusing on is simple 2-3 step directions. The main one we practice is asking the child to walk to us or meet us at the changing table to get a fresh diaper. We will also discuss what we are doing and explain the process. We always explain to the children what we are doing. Second, when we are done, we pull our pants up. Last, we wash our hands for at least 20 seconds with soap and water. We also start focusing on self-help skills such as feeding himself/herself with a spoon or fork, washing our hands with help. We ask our children to line up to go outside, and we direct them to come to the table for snack time and lunch time.

Now is the time to check your child's cubby for size and weather-appropriate clothing. Please remember to label all clothing (especially coats and hats), linens, bags, etc. with your child's name. Please make sure to label each of your child's diapers with his/her initials. We have numerous little ones that use the same brand and size. Our little ones sure do love their water. Please make sure to bring a filled water bottle daily, labeled with your child's first name and last initial, and we will gladly refill as needed.

We are here to help your child and you through these developmental years. If you have any questions, or concerns, please don't hesitate to let us know. You may reach us by calling Rocking Horse Academy and asking for the Colts classroom, and we will be more than happy to chat with you a good time to reach us is 1:00pm-2:00pm. You may also message us on ProCare, and we will message you back as soon as possible. Or you can also email us at [colts@rockinghorseacademy.com](mailto:colts@rockinghorseacademy.com)



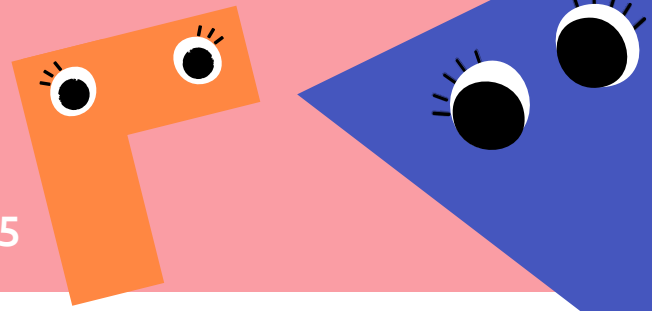
[colts@rockinghorseacademy.com](mailto:colts@rockinghorseacademy.com)  
Ms. Monica • Ms. Ava • Ms. Emma • Ms. Shelby





# PONIES

Rocking Horse Review • January - April 2025

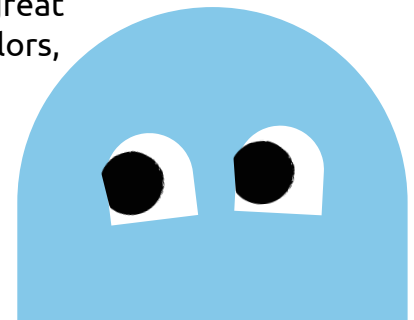
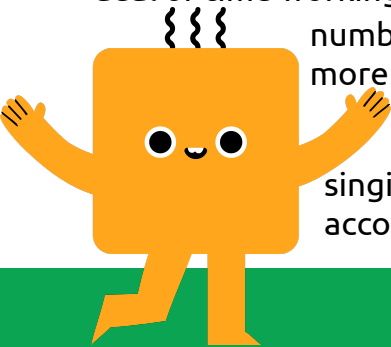


**We hope that all our Ponies and their families enjoyed a wonderful holiday season!** We are so excited to ring in the new year with you! The next few months leading into spring will be full of activities enabling our Ponies to discover more about themselves and the world around them.

With the new year in full swing, we will further our exploration in STEAM (science, technology, engineering, art and math) concepts in our classroom with a big focus on art. As always, we will continue learning our sign language, Spanish words, and review our basics: letters, numbers, shapes and colors. We love to incorporate our fine and gross motor skills in our everyday activities. Playing to learn is our favorite way to discover and master new skills. Our Ponies always enjoy participating in daily hands-on sensory activities such as painting, coloring, matching, building blocks with friends. Incorporating our special songs, dances, flashcards, books into our circle time is our favorite part of our morning together! Lesson plans are always posted outside the classroom, so that you and your child can also practice at home what we are currently focusing on in the classroom.

As spring approaches, we will be working on our student assessments. Stay tuned for more information regarding family-teacher conferences soon. We will spend a great deal of time working on refreshing our knowledge of patterns, shapes, colors,

numbers, and big and small comparison, as well as learning more about our own body parts and emotions to better understand ourselves. These are also activities that families can emphasize at home. Flash cards, books, singing are our most used tools to help your little one accomplish these milestones.



Rocking Horse Academy will be doing something extremely exciting this spring! The Week of the Young Child will be celebrated in some amazing ways. This is a time to feature your child while having some super-duper fun! We will celebrate throughout the week with collaborative activities to highlight your child through music, food, art. There will be opportunities for families to get involved and have some fun too! We will provide more information as we get closer to this exciting celebration.



Just a few reminders as we begin the new year. Please remember to label everything; water bottles & lunch boxes must have first name and last initial on it. Also make sure diapers have first & last name initials as well as making sure wipes have your child's name on them. We have a lot of friends with the same diapers and wipes. We also ask that you label any clothes or jackets that you may leave in your child's cubby. Thank you!

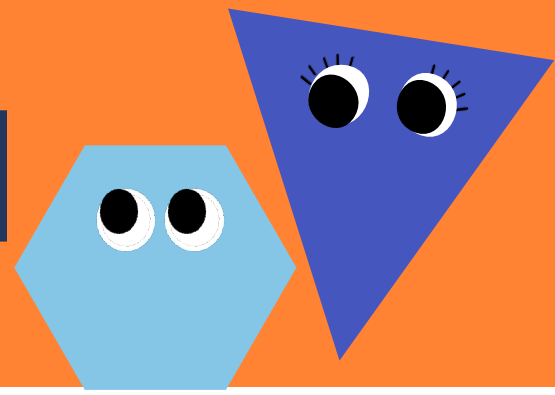
We are very excited about each one of you and all the learning and fun we'll have together! If you have any questions please don't hesitate to give us a call or message us on Procare. Thank you!

ponies@rockinghorseacademy.com  
Ms. Allison • Ms. Shalondra • Ms. Alex • Ms. Destinie



# CHARGERS 1

Rocking Horse Review • January - April 2025



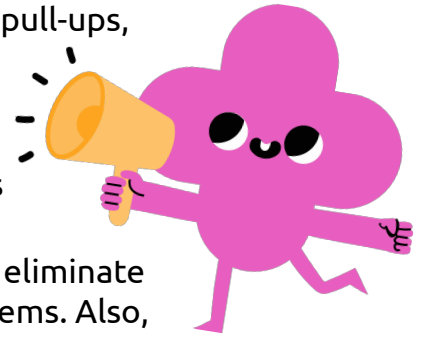
**Welcome to Chargers 1.** We are so excited to have your child in our class and even more so to help your child to learn and grow. In this classroom our focus of learning will be to recognize shapes, colors, letters, numbers, through fun activities and games.

We believe it is important to incorporate STEAM throughout the classroom every single day. We will be exploring math by counting various things and doing fun math games. We will be doing art activities daily that pertain to our weekly theme. We will explore Arctic animals and learn how they stay warm while living in the ice and snow. We will also read the book "Polar Bear Polar Bear What do you see" and complete snow-themed art. As the weather warms up, we will go outside to the garden and explore the different seeds to plant, water, and watch them grow. We learn more about food and flowers, reading "I Can Grow a Flower". We will make a flower out of our shape of the month. We will also get to explore with fun sensory projects. In addition to all these great STEAM projects, we will be doing activities that relate to diversity, Spanish, sign language, and emotions.



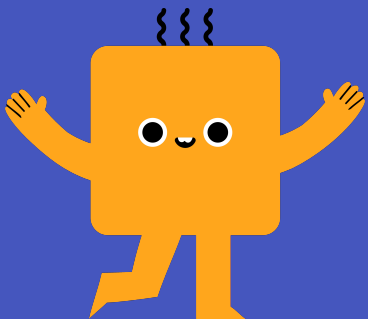
## Important Reminders:

Please remember to label ALL your child's belongings: clothes, pull-ups, wipes, cups, lunch boxes, bedding and backpacks, also jackets, hats, scarves now that it's getting colder. This will help eliminate confusion and lost items. Also, please bring a bag or backpack to put all your child's belongings in on Fridays, and make sure to check cubbies for art and other items daily. Also please do keep in mind that when you message. We will get back to you as soon as possible during nap time 12:30-2:30 just so we don't get off our schedule. Please remember to clock in your child and clock out your child. Potty talk: This is the exciting age of potty training. In this classroom we encourage all children to get familiar with the potty area. To help with this process, we recommend bringing your child in pull-ups (or underwear) rather than diapers to make it easier for them to learn self-skills such as pulling up and down their pants. Avoiding tight fitting clothing can help with this as well. We want to help you and your child with this huge and sometimes messy step in their life. Being consistent at home as we are here at school. Our communication with you (the parents) is key. Please let us know if there is anything we can do to make this a much easier process for you. We are excited for your little one to start this "big kid" journey.



chargers1@rockinghorseacademy.com  
Ms. Brandi • Ms. Carla • Ms. Kailey





# CHARGERS 2

Rocking Horse Review • January - April 2025

**Cooler temperatures can only mean winter** is here, or is it with Texas weather? In Chargers 2 we will explore many new experiences with our incoming new friends. We will begin to observe each child to see where they are at developmentally, and how we can help.

At this age we continue to increase sensory activities, such as playing with “fake” snow (shaving cream). Lots of play-doh, and many other sensory based activities- this is such an important process of development, to which we enjoy every step.

We will continue to work on our counting, colors, shapes and ABC's daily. We incorporate our basics with art, as this is extra learning.

Everyday we go over “using our inside voices” and our words to communicate with our friends. When our friends are able to communicate with simple gestures, it truly helps, as much so as our friends being less physical. We could use your help with this at home, although we know this is normal “Toddler” behavior, we want to help the growth of your children as much as possible.

The students are starting to grasp the concept of what they do and don't like, so anything that can help our Chargers verbally express themselves, we encourage it.

Our students are continuing to work on alphabet recognition, color recognition, and number recognition. This is hard work, and we are so proud of each child.

During Circle Time lessons, we are able to join together, and this also helps each child to learn.

A fun way we introduce math is by counting at every threshold we pass- we count how many friends we have, which is also teaching how to count in higher numbers. We work on sorting with shapes and colors daily- this is another way we incorporate counting. In Chargers 2 we strive to have our friends know their colors, shapes ABC's and numbers. Repetition is key, we also work to be sure our colors and shapes are often moved around to help with being able to identify independently.

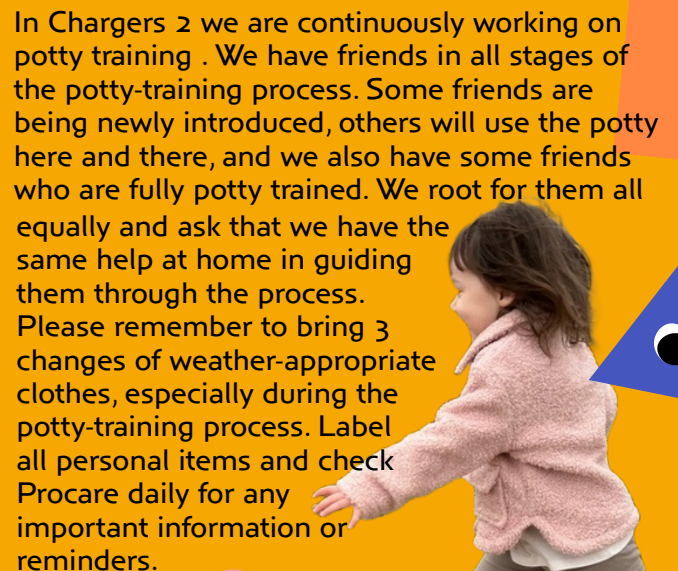
We have started incorporating sign language with all of our circle time. It is such a joy to see. We will incorporate fun science experiments in class together- ice experiments, making our own snow, and so much

more!

We will ring in the new year focusing on winter and Arctic animals. We will talk about the change of seasons and what winter brings. “Polar Bear, Polar Bear, What Do You See?” will help illustrate different Arctic animals and show them in their environment.

Social and Emotional development is a key learning topic over the next few months. Talking about “feelings” and learning how to express our emotions are just a peek into what we will be working on.

As the seasons change, we will blow into March winds and talk about farm life and all the workings of a farm and the animals that you would see there. We will then talk about spring and plant some seeds so we can watch how they grow. This will lead us into our earth theme. We will focus on our planet and what everyone must do to protect the earth. We will create art using recycled materials.

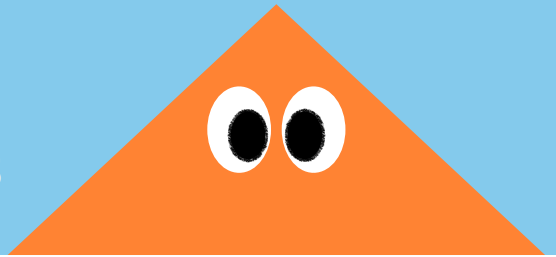


In Chargers 2 we are continuously working on potty training . We have friends in all stages of the potty-training process. Some friends are being newly introduced, others will use the potty here and there, and we also have some friends who are fully potty trained. We root for them all equally and ask that we have the same help at home in guiding them through the process. Please remember to bring 3 changes of weather-appropriate clothes, especially during the potty-training process. Label all personal items and check Procure daily for any important information or reminders.



# PINTOS

Rocking Horse Review • January - April 2025



**Happy New Year, Pintos!** With the new year upon us, we are in for some amazing learning projects.

Lessons will be STEAMing up in the classroom this winter with a big focus on science and math. We will see the effects of what heat does to ice, make some snow, and even paint with ice cubes. We've added several math manipulatives that not only focus on counting but color sorting as well. Counting in the Pinto room is a daily focus as we count to our number of the week multiple times throughout the day, including counting to our number before we eat our meals.

During the month of February, we will have group discussions about diversity as this month is Black History month. We will hear about great leaders of our country and some of the wonderful things that they

have done including many brilliant inventors. There are many interesting discussions during Circle Time as it is always a Pinto favorite time of day. It is amazing to hear some of the mature things these little minds come up with.

As we head into spring, we will put on our garden gloves and get back to work in our RHA learning garden. This is a great opportunity to not only learn about plants and flowers but learn about bugs and insects as well. We will be planting seeds and plants for tomatoes, watermelons, and our beloved sunflowers (always an RHA favorite.)



**Potty Talk:** Potty training is an on-going experience in the Pinto room, so it is important to keep 3 sets of clothes and even a pair of shoes in your child's cubby. Plastic bags are our best friends, so please feel free to bring in any extra you have. Remember when dressing your Pinto to make sure he/she is wearing clothes that allow him/her to easily pull down to go potty and pull up as well.

Reminders: Please remember to label everything, including your child's bedding and please send your child with a labeled water bottle each day (water only).

As always, we are here for any questions or concerns you may have.

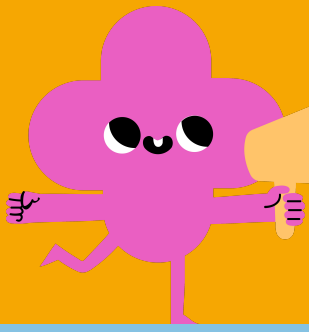
You may call during nap time (12:30-2:00), leave a Procure message, or email us at [Pintos@rockinghorseacademy.com](mailto:Pintos@rockinghorseacademy.com)



[pintos@rockinghorseacademy.com](mailto:pintos@rockinghorseacademy.com)  
Ms. Monette • Ms. Marissa • Ms. Juli







# WRANGLERS

Rocking Horse Review • January - April 2025



**Happy New Year!** Our mighty Wranglers are ready and looking forward to new learning opportunities, while we also prepare to transition to the Pre-K classes in a few months. We still have tons of new learning and preparation to undertake.

Through our winter months, we will explore Arctic animals and where they live, what they eat, and how their bodies stay warm in their cold climate.

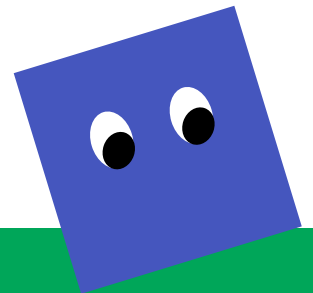
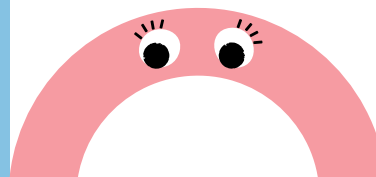
Then we will proceed to make a class "Arctic shadow box", which will include Arctic animals colored and cut by the children. It's a fun way to start a conversation about what they have learned so far while putting together the box.

As the months continue, we will tackle diversity by using the "white and brown egg" experiment. This helps children know that even though we look different on the outside, we are the same on the inside. Next, we will focus on health and body by eating healthful snacks, and the importance of practicing good hygiene such as brushing our teeth, washing our hands, bathing often, washing our hair and more. It's important at this age to teach health and nutrition. If we build good life

habits now, they may follow the child throughout his/her years. We will do the pepper and soap experiment to show the children how germs work, and why it is so important to wash our hands often.

Spring is one of our favorite seasons to teach because we learn about both the plant and animal life cycles through observing and exploring in our school garden. We will plant our own lima bean seeds and watch them grow daily in the classroom, while also tending to the garden daily to watch our veggies grow. We will make charts to measure and log the daily growth of our plants and guess how many days will take to see the bean sprout. We will also track how much harvest we grow. There will be lots of celebrating going on these upcoming months such as Week of the Young Child; a national holiday celebrating your awesome child and recognition for children in early learning, their families and teachers. This is a weeklong event at our school with dress – up days and celebrations. During all these fun learning weeks, we will start assessments and family-teacher conferences. We will discuss your child's progress during these meetings. This is an important time of year to see where we need to concentrate more to prepare students for their transition onto Pre-K. Those scheduling a conference will receive a report card showing their child's achievements, and we will discuss future goals.

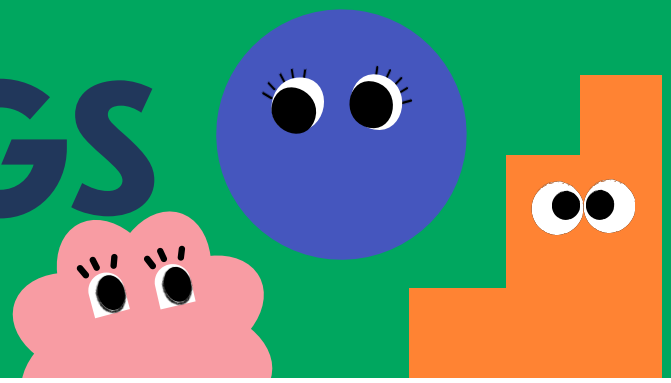
I am thrilled to see the children learn and achieve things they didn't think they could do. Thank you for letting us be able to do something we love every day.



wranglers@rockinghorseacademy.com  
Ms. Brittany • Ms. Aliss • Ms. Kassidy

# MUSTANGS

Rocking Horse Review • January - April 2025



**Happy New Year!** We are halfway through the school year and our Mustangs are thrilled for more opportunities that will prepare them for the Pre-K classes in the next few months. However, we still have lots of fun learning to do together until then!

Through our winter months, we will explore Arctic animals and where they live, what they eat, and how their bodies stay warm in their cold climate. Then, we will partake in an “Arctic animal’s rescue” where each child will receive an ice cube with an Arctic animal trapped inside. The children will practice patience and fine motor skills by using water-filled pipettes to melt the ice.

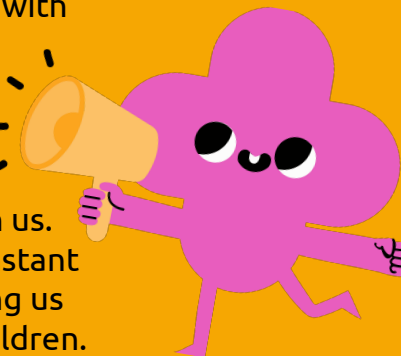
As the school year continues, we will learn about diversity by using the “white and brown egg” experiment to help the children see that some of us may look different on the outside, but we are all the same on the inside. Next, we will focus on the importance of a happy body by eating healthful snacks and good hygiene such as brushing teeth, hand washing and much more. This age is the best to implement routines to build good life habits now to the child to follow throughout his/her years. We will do a “Germ Hands” experiment to give the children a visual demonstration on how long it takes to wash germs away.

In spring, we plan to incorporate S.T.E.A.M activities into our classroom like tending to caterpillars to watch them go through the stages of metamorphosis to become a butterfly and planting our own lima beans to observe their growth into a bean sprout. This helps the children be engaged while learning about both the animal and plant life-cycle.

With lots of learning fun planned for the children, we also aim to help them succeed academically. We will start assessments and family-teacher conferences to discuss your child’s progress since this is an important time to prepare your child for the transition to Pre-K. Those scheduling a conference will receive a report card showing their child’s achievements, and we will discuss your child’s future goals.



We are overwhelmed with happiness to see the children grow and achieve things they struggled with when they first started with us. Thank you for the constant support and entrusting us with your amazing children.



mustangs@rockinghorseacademy.com  
Ms. Jessie • Ms. Alycia • Ms. Daulin



# TROTTERS

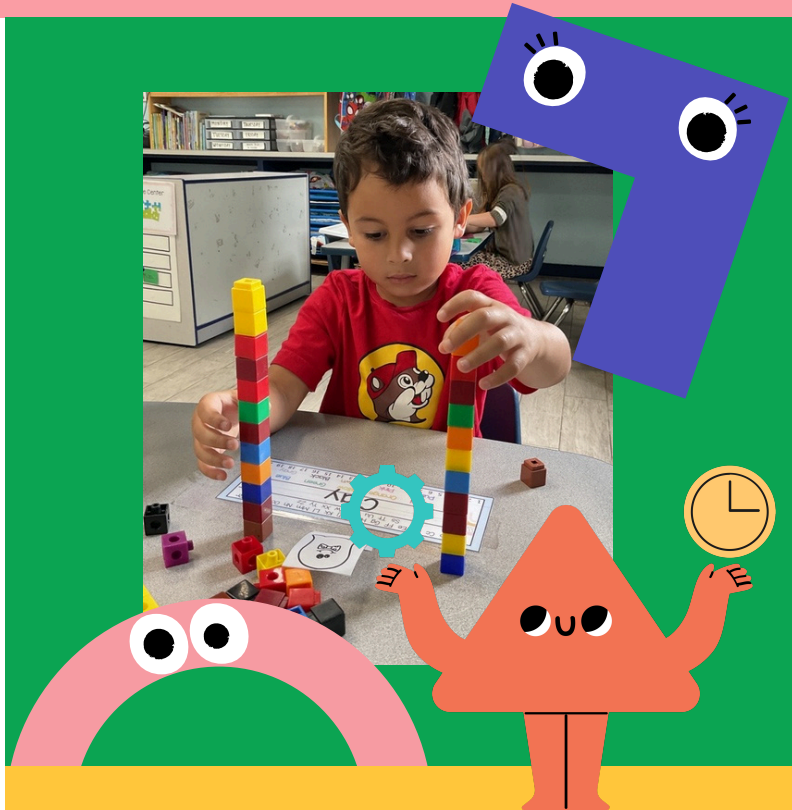
Rocking Horse Review • January - April 2025

**Hello families and Happy New Year!** Half the school year has passed and the next few months will fly by. Soon, graduation will arrive! We have made so much progress since our first day in Pre-K, and we are so proud. We will be having a family/teacher conference to go over what we have been working on as well as receive progress reports.

In the next month, we will learn about animals, their habitats, and hibernation. As a STEAM activity, we will use small plastic cups and counting bears to create small caves for them. We will stack and see how high we can stack. We will discuss which animals hibernate and which animals adapt to the weather. Another subject we will learn about is insects. The class really loves to talk about the different insects we see during outside time, so I am sure they will love this.

Some of the other lessons we will learn about are our five senses. We will use our senses to smell different spices, feel different textures, and we will also play sound bingo to sharpen our listening. The Trotters will also learn about the different ways we can be and stay healthy, such as keeping healthful routines and habits and eating well. We will learn about how to stay safe when there is an emergency and to call 9-1-1.

In these next upcoming months, we will continue to work on getting ready to head to kindergarten. We will work on self-regulation, social skills, and academics. The Trotters will learn more about rhyming words, compound words, and how to write sentences on their own. Right now, we are starting to write simple sentences such as "Otter starts with the letter O." We are still working on writing skills such as finger placement on writing utensils and tracing letters and words. The teachers have been encouraging the students to write simple words



and letters on their own. Slowly they are getting the hang of writing on their own.

Some of the milestones we are trying to accomplish are writing and spelling their first and last name, working cooperatively with their peers, and how to self-regulate and problem-solve. Another skill that we are working on is simple math such as  $5 + 5 = 10$  and learning how to identify numbers to 30.

Pretty soon we will be getting ready for graduation! It is a very exciting time for all of us, and I cannot wait for you families to see what we have been working on.

These next months will fly by, and we are so excited to see your children flourish into the best humans they can be. Thank you families, for allowing us Trotter teachers to be a part of your child's journey!

trotters@rockinghorseacademy.com  
Ms. Tina • Ms. Kaylee • Ms. Sydney





# BRONCOS

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**HELLO BRONCOS' FAMILIES!** I hope you all had a great holiday season with a lot of love and family time. I cannot believe that it is a new school year, and now the remaining days will go by so quickly. We, as a class, have a lot to work on to get ready for the events that are to come such as parent/teacher conferences, Week of the Young Child, and Pre-K graduation to name a few.

This upcoming month we will have conferences. Since your child has entered our room, we have been working on letter, number and shape recognition as well as letter sounds. We have also been learning about compound words, rhyming, and punctuation. During conferences, we will talk about what your child has learned, and this will be the time to ask any questions or voice concerns. One topic we will be excited to learn about is insects. A fun activity we will do is go on a bug hunt. We will venture out in the playground to see if we can find any bugs and try our best to draw them. After we are done, we will make a bug book to share with others.

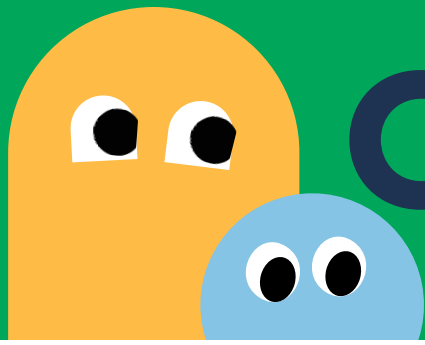
Another subject we will work on is problem-solving. The teacher will give the class a "What is missing?" problem, and they will try to figure it out. At the same time, the Broncos will learn about grids, columns, and rows. By doing this, we will see if the children can solve matrix problems through classification. Also a subject we will discuss later is other cultures and their traditions. The children will learn how people dress often comes from their culture or their family's way of life. We will also compare others' clothes and way of life to our own. As we learn about this, we will sneak in some math as well such as adding and subtracting beads and patterns. We will introduce the creative jewelry that many around the world wear. The class will explore the different textures, colors and patterns some might use to make jewelry. We will also have the opportunity to use our imagination and create our own unique piece of jewelry by creating a pattern and following the steps to put it together.

At this wonderful age, self-regulation is something that we are teaching the children daily. Self-regulation is a skill kindergarteners need to

allow them to listen, to wait, and to react calmly to things they don't want to hear. It's a skill that even we adults need to calm down and react calmly and peacefully. There are many ways to help a child with self-regulation, but the one we have found that is more effective in class is teaching them breathing meditation. When a child does need help, we ask them to put a finger up and to pretend to blow out the candle. It does help a lot and distracts them from the initial problem. A couple things to keep in mind, give your child ample empathy and consistent praise for their efforts and progress. Your child will learn these skills gradually. As we near the end of our school year, we will be getting ready for graduation and discussing moving up to the "big kid school" they talk so much about. We are so thankful and grateful that you have given us the opportunity to teach and spend time with your children every day. Thank you!







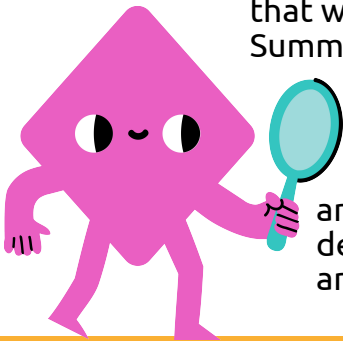
# CORRAL KIDS

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**2024 has come and gone.** We are excited to ring in the new year with each of our Corral Kid families. 2025 will be full of many new adventures and opportunities for the Corral Kids. We want to remind you that while the weather has been up and down this season, it is important to be sure to send your Corral Kid with jackets as we will be spending time outside and weather appropriate clothing is important to stay warm and healthy!

In January we will focus on celebrating the New Year and showing kindness. We will challenge our students to display a random act of kindness every week. At the end of each week, we will encourage our students to share with their group his/her act of kindness. Each act of kindness will earn a treasure box prize on Fridays. February will be geared toward love and our feelings. Our students will get to create one-of-a-kind valentines. We will incorporate kindness and love together to show our Corral kids that small acts of kindness make the happiest reactions from others.

Before we know it, March will be here and oh, are the Corral Kids excited for what March has in store for us! A month filled with more light from daylight savings means more time to spend outside. Spring Break means a week off school and an opportunity to enroll in our Spirit Week themed Spring Break Camp. Sign up for Spring Break with begin on Monday, February 3rd. As if that wasn't enough excitement to look forward to, RHA will begin enrollment for Summer Camp that will open to RHA families the week before Spring Break. This will allow our families to sign up ASAP as our spots fill up fast. So much going on in March, it's giving us mad happiness.



April showers bring May flowers. We will focus on using our green thumbs and learn all about plants and growth. Each child will have the opportunity to decorate his/her own pot and grow a plant in it that he/she will be watering and watching for the entire month.

Corral Kids will be offering All-Day care for days the school district is closed. All-day care tuition is \$150/wk. plus \$45 each day your child attends. If you do not wish to use All-day care, no tuition will be charged only for the week of Spring Break, March 17th- March 21st.

All day care will be available the following days:

- Monday, January 6th
- Friday, February 14th
- Monday, March 17th- Friday, March 21st

