



# FOALS 2

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**We are bringing in the New Year in Foals 2**, and there is a lot of growing and learning in store over the next few months. We are excited your baby will be part of it. Maintaining your baby's daily schedule is a big part of development in our classroom, and our teachers enhance the learning experience by including activities to support that development. Feelings are a key theme that we will focus on in the next few months. And we all know how our babies have no problem expressing feelings. Singing songs about feelings- If You are Happy and You Know it and How are You?, and reading books such as Making Faces and Calm- Down Time are a few fun activities we have in store to teach your child about his/her feelings.

In Foals 2, we go with the flow but also try to stick with our lesson plans. We encourage our families to try some of our units at home as well. These can become fun for you and your child, and it is a wonderful feeling to see how your child is intrigued with the various activities. One activity that I encourage families to do with their child/children is mixing paint colors. ( Make sure that you use washable paints, such as Crayola Washable paints.) This activity has numerous learning aspects. (Cause and effect, simple math, and language skills)

In our lesson plans we incorporate language activities such as reading, singing, sign language and even other languages. Reading is a big part of our lesson plans in Foals 2. Reading involves not only the story, but also facial expressions and tone of voice. (Read a simple story to your child but add different voices and facial expressions. Make your voice go high or low.) The activities are endless, and it's such a joy to see your child express his/her interest in different activities.

Always remember, a child's work is play. This is how he/she learns the skills that are needed in life.



Communication is a vital part of any relationship, and as teachers we would like to make sure we have all forms of communication open to you pertaining to your child. Please feel free to contact us with questions, comments, or concerns by calling RHA, by emailing us at [foals2@rockinghorseacademy.com](mailto:foals2@rockinghorseacademy.com), or through the ProCare APP.

We are so grateful to have your child and you as part of the RHA family. We look forward to more growing and learning with your baby in Foals 2.

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