





# ROCKING HORSE ACADEMY MENU



## NOVEMBER 18<sup>th</sup> - NOVEMBER 22<sup>nd</sup>

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM SNACK	Yogurt Cheerios Milk	Whole Wheat Cheese Toast Pineapple Milk	Oatmeal Berries Milk	Buttermilk Biscuits w/Jam Milk	Bagel Cream Cheese Mandarin Oranges Milk
LUNCH	Spaghetti w/ Meat Sauce Salad w/ Ranch+2 Carrots-2 Garlic bread Peaches Milk	Chicken Alfredo Salad w/Ranch Broccoli Strawberries Milk	Beanie Weenies, Crackers, Peas & Carrots Applesauce Milk	Broccoli Cheese Soup, Dinner Roll Fruit Cocktail Milk	 <b>Family Feast</b>
PRE-K PM SNACK	Cheez-its Apples Water	Graham Crackers Pears Water	+2 Carrots and Ranch Dip Wheat Thins -2 Nutri-grain Bars, Fruit Water	Vanilla Pudding Vanilla Wafers Water	Goldfish Fruit Water
CORRAL KIDS PM SNACK	Cheez-its Apples Water	Graham Crackers Pears Water	Carrots and Ranch Dip Wheat Thins Water	Vanilla Pudding Vanilla Wafers Water	Family Feast Water

## NOVEMBER 25<sup>th</sup> - NOVEMBER 29<sup>th</sup>

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM SNACK	Chef's Choice Milk	Yogurt Berries Milk	 <b>Rocking Horse Academy CLOSED</b>		
LUNCH	Chef's Choice Milk	Chicken & Rice Salad w/Ranch Pears Milk			
PRE-K PM SNACK	Chef's Choice Water	+2 Pretzels, Fruit -2 Vanilla Wafers, Fruit Water			
CORRAL KIDS PM SNACK	Chef's Choice Water	Pretzels Fruit Water			