

FOALS 1

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I want to welcome all the new families to Foals 1. Our class is looking forward to the start of a new school year with new exciting challenges as the learning never ends in our classroom. We keep the learning flowing as we discover our school, classroom, and friends through play. At this age every minute is a learning experience, and in our class, we like to make sure those moments are filled with fun.

With so much movement and growing happening during this phase, we are always excited to explore the 5 senses with your baby. Listening to music with our ears, tasting our foods with our taste buds, smelling different scents in our classroom and touching different textures around the room will not only encourage us in using all of our senses to learn, but also introduce our little ones to new sensations.

As fall brings a change in the air, we enjoy colorful leaves, and joyous holiday celebrations. We will make a fall tree with our handprints using the colors yellow, red, orange, and brown. During floor time, we will take the opportunity to talk about our favorite unit, our family. We will spend a lot of time looking at pictures of

our families and talking about them. We will make a family collage.

Tummy time strengthens your baby's back and neck while lifting his/her head, legs, arms straightening, and elbows lifting briefly off the floor, preparing the muscles to carry weight in crawling. Crawling is an important motor milestone because it requires alternating movements of both sides of the body.

As we end the year with the holiday, we will be busy with art projects. We will sponge paint a Christmas tree green, finger paint a wreath, and paint Christmas ornaments. As always, our little friends are learning about themselves, their world, and their abilities. We are here to help and encourage them to reach their goals.

Communication is a vital part of any relationship, and as teachers we would like to make sure we have all forms of communication open to you pertaining to your child.

Please feel free to contact us by calling RHA via email at foals1@rockinghorseacademy.com or through the Procure app. We are so grateful to have your child and you as part of the RHA family.

