



ROCKING HORSE ACADEMY MENU



JULY 15th - JULY 19th

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM SNACK	Pigs'n a Blanket Pears Milk	Whole Wheat Cheese Toast Pineapple Milk	Hash Brown Sausage Link Milk	Blueberry Bagels Cream Cheese Mandarin Oranges Water	Bean & Cheese Tacos Milk
LUNCH	Spaghetti w/ Meat Sauce Salad w/ Ranch+2 Carrots-2 Garlic bread Peaches Milk	Oven Baked Chicken Mac-n-Cheese Cucumber Tomato Salad Oranges Milk	Beanie Weenies, Crackers, Peas & Carrots Applesauce Milk	Tomato Soup, Grilled Cheese Sandwiches Celery Sticks Fruit Cocktail Milk	Sloppy Joes Sweet Potato Fries Green Beans, Pears Water
PRE-K PM SNACK	Cheez-it Apples Water	Fruit and Cookies Water	+2 Carrots and Ranch Dip Wheat Thins -2 Nutri-grain Bars, Fruit Water	Corndog Bites Water	Applesauce Bread Fruit Water
CORRAL KIDS PM SNACK	Cheez-it Apples Water	Fruit and Cookies Water	Carrots and Ranch Dip Wheat Thins Water	Corndog Water	Applesauce Bread Fruit Water

JULY 22nd - JULY 26th

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM SNACK	Yogurt and Cheerios Milk	Oatmeal Berries Milk	Buttermilk Biscuits with jam Milk	French Toast Fruit Milk	Chef's Choice Milk
LUNCH	Steak Fingers Mash potatoes W/ Gravy Corn Fruit Cocktail Milk	Chicken & Rice Lettuce and Tomato Salad Pears Milk	Beef-a-Roni Mixed Veggies Mandarin Oranges Milk	Chicken Alfredo Salad w/ Ranch Broccoli Strawberries Milk	Chef's Choice Milk
PRE-K PM SNACK	Graham Crackers Oranges Water	+2 Pretzels and Bananas -2 Vanilla Wafers and Bananas Water	Meat Cheese and Crackers Water	Bread Sticks Marinara Sauce Cheese Cubes Water	Chef's Choice Water
CORRAL KIDS PM SNACK	Graham Crackers Oranges Water	Pretzels and Bananas Water	Meat Cheese and Crackers Water	Bread Sticks Marinara Sauce Cheese Cubes Water	Chef's Choice Water