



# FOALS 2

Ms. Sydney | Ms. Amara | Ms. Emma | Ms. Nancy

## Ready, Set, Summer!

We are looking forward to a world of fun, learning, and growing these next few months in Foals 2. Let the adventures begin! Summer will be in full swing as we focus on the Ocean and Beach as part of our monthly themes. Beach ball rolling will improve your baby's gross motor skills. Chasing after the ball and trying to catch or hold it gets those large muscles moving and helps your baby gain strength and confidence in his/her body. "Sand castle" stacking cups skills promote cognitive development; they'll have to concentrate on carefully stacking them and use problem-solving skills to work out how to build the stack without it toppling. These activities are very easy to recreate at home to further support your growing baby's development. It's not just playing, it's learning! Sensory bottles filled with water and beach elements will nourish social and emotional development. We have an array of books to boost language development along with our Summer Fun theme with our favorites being "Baby Beluga" and "Baby Loves Summer". Foals 2 babies will discover all the best parts about summer while their creative expression and sensory development flourish with fun art activities: making bright yellow suns with our hands and finger paint as well as watermelons, and hot air balloons.

## Reminders

Parents, please always remember to label every item you are sending to school with your child. We have several students with the same items, and we want to make sure they all get sent back home. Diapers, wipes, formula containers, infant food and cereal, clothing and so on. These items can get switched with another child if not properly labeled. This is very important. As your child is growing in Foals 2, now is a great time to start exploring foods. We ask them to try everything at home first, then bring it to school. Sippy cups are also a great developmental achievement we want to accomplish before moving up to the next class. Don't forget the sunblock! We will be sure to

journey to the atrium, if we are able to, so that your child may have some fun in the sun. Please apply sunblock in the morning, and we will gladly reapply in the afternoon. RHA provides Banana Boat sunblock or you are welcome to bring your own. No sprays please!

As your Foals 2 lead teacher, I try my best to make myself available during your child's drop-off to discuss any matters. Also please be assured in any case, all teachers in Foals 2 are here to assist you as well. We are so grateful to have you and your child as part of our class and look forward to more learning and growing in Foals 2. Please feel free to contact us with any questions, concerns, or comments by calling Rocking Horse Academy sending a Procare message or email.