

FOALS 1

Ms. Renee | Ms. Paulina | Ms. Macy

Ready, Set, Summer!

We are looking forward to a world of fun, learning, and growing these next few months in Foals 1! Let the adventures begin. Singing songs is so much fun, especially singing them to the infants. The excitement of their facial expression says it all, along with seeing them moving their hands and feet with joy. We sit with them on the mat and use our singing voices. Playing classical music such as Bach and Beethoven music helps develop cognitive brain functions.

Singing to your baby is great for his/her brain development. A fun activity we use in the classroom is playing with shakers. We let the infants explore the different sounds depending on what is inside the shakers while we are singing our songs together. We can talk about what colors we see inside the shakers. We also use musical instruments like drums and tambourines to make great music together. These are so much fun to do with music.

Foals 1 babies will discover all the best parts about summer while their creative expressions and sensory development flourish with fun activities making bright yellow suns with our handprints, finger paint a watermelon, and a fish.



Learning Through Play!

An important developmental activity that we will do is mirror play. Mirrors are a wonderful learning tool used to encourage exploration and aid in their development. Infants love looking at their reflection and notice how they react. Do they try and touch the baby in the mirror or smile at them? We talk to them about who they are seeing, and they learn so much from making facial expressions, seeing their reaction and building on language development.

As always, our babies are learning about themselves, their world and their abilities. We are here to help and encourage them to reach their goals. If you have any questions, comments, suggestions or concerns, please feel free to contact us.