

FOALS 1

Ms. Renee Ms. Billie Ms. Jessica

A VERY HAPPY NEW YEAR FROM FOALS 1. Welcome to all our new little friends. We are so excited to start the Year 2022. We are looking forward to all the new adventures, wonderful growth, and leaning experiences to come in the New Year. A fun activity that we will do is mirror play. Mirrors are a great learning tool, helping babies to explore and help their development. Babies love looking at their reflection and notice how they react. Do they try to touch the baby in the mirror or smile at them? We talk to them about who they are seeing and have fun making facial expressions, seeing their reaction, and building on language development.

SENSE OF FUN

We have some great art projects that we will explore. For January we will learn about Arctic animals and have fun playing with ice. As our sensory unit, we will talk about how the ice feels in our hands and watch the facial expressions of the babies. Also, for sensory, we will paint polar bears and feel the paint as we paint with it. We will dance to “Polar Bear, Polar Bear”, and read a story to our friends, “Little Polar Bear.”

Babies have fun learning through sensory by doing different activities such as playing with sensory balls. They will get to feel the different textures while we talk about the different shapes, sizes, and colors of the balls. We can play catch the balls, hide them, and stack them just to watch them tumble down. Just seeing the excitement of the babies as they move their hands and feet is so worth it.

COMMUNICATION

Communication is vital in any relationship, and as teachers, we would like to make sure we have all lines of communication open to you pertaining to your child. Please feel free to contact us with any question, concerns, or comments.

DEVELOPMENTAL DOMAINS

Each day we work on language development, social development, physical development, and cognitive development. While most people think we are just playing we are learning. Language skills are developed through reading and singing. Learning social skills includes responding to our smiles, laughter, and voices. Physical development skills are when they begin to push up when lying on their tummy, hold their head steady without support, roll over from tummy to back, begin to sit with support, rock back and forth, and sometimes crawl backwards before moving forward. Cognitive development occurs in an infant when he/she focuses on moving objects responding to his/her environment with facial expressions recognizing and reacting to familiar sounds and responding to the facial expressions of other people.

Babies get constant exercise by going through their regular daily routine. Each day, each baby spends tummy time on the mat to strengthen back and leg muscles. During feeding time, we practice putting their hands on the bottle to eventually learn to self-feed.

Once your child is 4 months old, he or she will get exercise time in the excersaucer. You will see that the hard work pays off as your baby builds muscle and gets mobile first by pushing and rolling and later by crawling, scooting, and walking.