

# FOALS 2

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## Farewell summer.

Welcome autumn and a great big welcome to our Foals 2 classroom. We are so excited for you to join us.

At this age, every minute is a learning experience, and in our class we like to make sure those moments are also filled with fun. With so much movement and growing happening during this phase, we are always excited to explore the 5 Senses with your baby. Listening to music with our ears, tasting our foods with our taste buds, smelling different scents in our classroom and touching different textures around the room will not only encourage us in using all of our senses to learn, but also introduce our little ones to new sensations.

One of our favorite activities in Foals 2 that encourages use of our senses is playing with sensory boards. Our current boards allow your baby to feel soft, fluffy textures, rough, grass-like surfaces, and smooth, cool areas. Did you know your baby is

learning SCIENCE through sensory play? Investigating how these boards feel and look is science. Learning to touch the fluffy textures because they feel soft and avoid the rough textures because they're pokey is your baby's way of investigating and analyzing the world around them.

To further support each baby's development, we use different words to expand his/her language when describing how things feel. This activity also carries over into our meal times. Squishing pasta and fruits in their hands or crumbling up crackers is all part of sensory development and also teaches your baby about cause and effect. As you can see, the learning and fun really doesn't stop in Foals 2.

## Communication

Communication is vital in any relationship, and as teachers we would like to make sure we have all of communication open to you pertaining to your child. Please feel free to contact us with any questions, concerns, or comments by calling Rocking Horse Academy directly or emailing us at foals2rockinghorseacademy.com and we are always available at drop-off and pick-up to discuss any matters you may need to address. We are so grateful to have you and your child part of our class and look forward to more learning and growing in Foals 2.

## TRANSITIONS TIPS

Transition time can be a challenging period for both baby and you; however as teachers we strive to make this experience as effortless as possible. Whether your baby is just starting out in Foals 2 or progressing to Colts, familiarity is an important tool we use to make your baby feel safe and secure during this time. Our teachers make sure we take time to interact with incoming babies well before transition begins and also introduce our future Colts to their new teachers. However, don't be surprised if separation anxiety still happens for the first couple of weeks. Your child has a lot to get used to in his/her new room; just a new environment alone is a lot to take in, as well as so many new friends to meet. Transitions at this age are very unique to each baby; there is no set schedule for when he/she will start accomplishing many of the developmental milestones preparing him/her for his/her next class. At RHA each class is catered to enhance your child's development and making certain your child is ready and will benefit from his/her transition is our utmost priority.