



# MUSTANGS

## THE NEW YEAR BRINGS IN NEW OPPORTUNITIES!

We have so much planned the next few months including learning about Arctic animals, Health and Body, Spring Gardens, and Diversity.

We will be kicking up our sight words and letter recognition to get us ready to make the big move up the Pre-K class. We have 5 sight words right now Go, Up, No, Hi, and Me. We hope to increase that number up to 10! One of our big themes is Health and Body. During this time, we will be engaging in lots of fun experiments, like pumping heart model, zip-lock bag lungs, germ hand wash, and how our digestive system works just to name a few! As we continue to build our knowledge about Health and Body, we will encourage the children to explore new foods and taking a "no thank you" bite. This allows children to taste a food to be really sure they don't like it. This helps build their taste for new foods and opens door down the line for more exciting foods like sushi and toFu! As we build up our body with food, we will be working them out, too. Adding in new yoga moves, riding bikes and doing hop-scotch to help build up our motor skills are just a few exercises we will include.

We will continue to increase our sign language vocabulary as well as our Spanish vocabulary. We will spend every Friday reviewing everything we have learned in the week as well as sending home prompt sentences to help you be a part of your child's week.

Along with all the fun we are going to have with our experiments and themes, we will also work on building our fine and large motor skills. Working on holding a fork/spoon the right way and how to hold scissors and markers is an important skill to prepare for kindergarten. Hopping and jumping on one foot is another developmental milestone. I know it sounds easy, but when you are building your 3/4 year-old muscles, little things can cause big issues. That leads into them becoming more independent. Asking them to clean-up after themselves at lunch and before moving on to a new activity or giving them jobs around the classroom like line leader and door holder is one way we teach responsibility.

We can't wait to see how the children learn and grow over the next few months! Thank you for all your support and love!

The Mustangs Teachers,  
Ms. Angela - Lead Teacher  
Ms. Grace - Assistant Teacher  
Ms. Jessica -- PM Teacher



## PLANTING SEEDS OF LEARNING

As the weather continues to change and spring begins, we will make trips to our school garden, first to explore and learn the rules of the garden, then to help the soil get ready for us to plant seeds. We will take votes to pick what to plant! As the theme focuses mostly on the science part of STEAM, we will add in Art and Math as well, like counting seeds and sorting them by size. Creating a picture of what we think all the flowers and plants will look like after everything has bloomed allows the student's imagination to bloom.



## REASONS TO CELEBRATE

During the year will talk about Diversity. We will encourage kindness and acceptance. We will talk about different holidays and learning about different people that made a difference in our world! Some of the big holidays we will talk about is MLK day, Groundhog day, President's day, Earth day and the beginning of Ramadan.