



A HAPPY NEW YEAR FROM FOALS I

Welcome to all our new little friends; we are so excited to start the Year 2021. We are looking forward to all the new adventures, wonderful growth, and learning experience to come in this new year. Each day is different as every baby begins to develop his/her own skills at home and at school.

FOALS 1

Babies are a blessing, and we look forward to having yours in our classroom as we work with them encouraging new milestones. We spend a lot of time learning through play and encourage you to do the same at home. Parenting can be hard work, but together we can meet the development needs of your baby while also caring for his/her physical needs.

This past year has been quite different and difficult for all of us; however, I am so thankful for your support and most of all your communication with each other which is especially important. We can get through this together, stay positive, and focused helping each other out. Please feel free to contact us anytime with questions comments or concerns. Thank you for allowing us to be a part of your baby's development.

-Foals I Teachers



LESSON PLANNING

The cool winter weather will have our babies doing a fun art project making their own snowflakes. A fun theme we will do in January is Arctic Animals making polar bears and penguins.

Reading is Foals I's favorite thing to do together as we look forward to sharing the books "Little Polar Bear" and "Ten Playful Penguins" with our friends

As we explore our feelings, mirrors are a great learning tool, and we will be using them by looking in the mirror and talking about our feelings, making happy faces, sad faces, and questioning faces.

We will be busy exploring sensory art projects with our feet making butterflies and flowers.

WATCH THEM GROW!

Physical development: babies get constant exercise by going through their regular daily routine. Every day each baby spends tummy time on the mat to strengthen back and leg muscles. During feeding time, we practice putting their hands on the bottle to eventually learn to self-feed. Manipulation skills refer to the ability to move and position objects with in one hand without the help of the other hand. And once your child is 4 months old, he/she will get exercise time in the exersaucers. You will see that hard work pays off as your baby builds muscles and gets mobile first by pushing up and later by crawling, scooting, and walking.

Encouraging your baby's independence may be difficult at times, but it is beneficial to his/her self-esteem and knowledge. With your support and the teachers in Foals I, your baby will be moving and growing happily along his/her developmental journey.